

Daniel F. Goodman, M.D.
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INSTRUCTIONS BEFORE LASIK/PRK

1. Please complete financial arrangements prior to your appointment. Payment in full will be collected on the day of surgery.
2. Please **COMPLETE AND SIGN** the **CONSENT FORM** prior to the day of the surgery. Please bring the completed forms with you on the day of surgery.
3. If you need to reschedule or cancel your surgery, you must notify the office a minimum of 24 hours in advance.
4. Remove soft contact lenses at least **SEVEN DAYS** prior to the procedure. Do not wear hard or rigid gas permeable contact lenses for at least **THREE WEEKS** prior to the procedure unless given special permission by Dr. Goodman.
5. Be sure to completely remove all makeup, sunscreen, or moisturizer the night before the procedure. Shower or bathe prior to your appointment. **DO NOT APPLY ANY** eye or face makeup the morning of your surgery. Additionally, please **DO NOT** wear earrings or facial jewelry to your surgery.
6. **DO NOT** wear any type of perfume, cologne, after-shave, scented body lotions, or scented mousse, gel, or hairspray the day of the procedure (the laser is extremely sensitive to scents and odors of all kinds).
7. Eat a light meal (no alcohol) within four hours before your procedure.
8. Arrange for a friend or family member to drive you home after your procedure. You should schedule back-up transportation to and from the office for your post-operative appointment the following day.
9. Call the office at 415-474-3333 if you have any further questions or concerns.